

Trust Your Intuition
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I believe our intuition is given challenges. It is a matter if you listen to your intuition, ignore it, or even recognize it. Webster's dictionary states intuition is, "the power or faculty of attaining to direct knowledge or cognition without evident rational thought and inference." I like to think of intuition simply as, knowing without knowledge. I believe we are given challenges to continuously remind us to check in with our intuition and not feed our ego. I believe the challenges serve as a review of what is important to us. I also believe we were born with everything we need to know, it is just a matter of recalling the information, hence, where our intuition serves us. Recently I encountered an experience where I didn't trust my intuition and feed my ego. This experience made me stop and review what is really important to me.

I was approached by a nice woman who I knew, although not well, with the proposition of learning a program to retire within a few years. This woman was currently being taught the system that would afford her and her husband the opportunity to retire within a few years, so they could spend more time with their family and do the activities they love. She wanted to teach this system to me and my boyfriend. She stated the only way to succeed in this system was to teach others how to do it. My first inclination to tell her no thank you, stung me like a bee. But I didn't say no. I fed my ego instead. My boyfriend and I meet with the couple for several "business meetings". My boyfriend and I gained nothing out the experience. We took time away from what was really important to us.

In the end I gained an insight, learned a lesson and received reminder from this experience. My insight was, what may be important to others, is necessarily not important to me. Yes, I would like to spend time more time with my family, do the activities I enjoy, and not have to work a traditional job. I will not do this at the expense of taking time away from what is important to me, even if it will only take a few years. I learned to trust my intuition, again. My intuition has never failed me. It is the internal navigation system I was born with. Lastly the reminder; one I have heard time and time again, "If it sounds too good to be true, it probably is".